Heather Larkin Holloway

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Trauma-Integrating Scholar & Practitioner | Academic & Organizational Consulting |
Whole Person–Whole Community–Whole Systems Approaches

Professional Summary

Scholar, practitioner, and consultant bridging trauma-informed and trauma-integrating approaches within academic, organizational, and community settings. Experienced in building research teams, advancing program development, and creating university partnerships. Skilled at facilitating collective reflection and translating insight into strategic recommendations to strengthen resilience, well-being, and systemic transformation. Known for weaving scholarship, practice, and spiritually-informed healing approaches to foster whole person–whole community–whole systems ways of working and being.

Core Competencies

- Leading Trauma-Integrating Organizational Initiatives for Resilience
- Developing & Facilitating Community-University Partnerships
- Building Research Teams & Advancing Collaborative Scholarship
- Advancing Whole Person–Whole Community–Whole Systems Approaches
- Integrating Consciousness Development & Integral Theory into Practice
- Cultivating Cross-Cultural & Systemic Awareness

Academic & Professional Experience

Consultant & Facilitator | 2026

- Provide guidance and support to academic institutions and community organizations on trauma-integrating practices and collective approaches to organizational and community resilience.
- Support community leaders and university administrators in building partnerships and fostering trauma-informed and whole person–whole community–whole systems approaches.

Faculty | University at Albany (State University of New York) | 2006 – 2025

Promoted to tenured Associate Professor in 2013, Emerita faculty in 2026

- Led integrally-informed collaborative research on ACEs, trauma, and resilience, advancing theory and practice through the Restorative Integral Support (RIS) model.
- Taught practice courses across clinical, macro, policy, as well as doctoral teaching, and mentored students in practice-based scholarship and collaborative research processes.
- Chaired and participated in multiple committees, including dissertation committees, advancing equity, ethics, and institutional transformation in academic settings.
- Led cross-sector partnerships to advance programs integrating trauma-informed practices within organizational and community contexts.

Clinician | Northern Human Services | 1994 – 2001

- Extensive clinical practice experience providing community-based mental health and substance abuse treatment, including services for PTSD, and offering inter-organizational consultation.

Presentations (Selected)

Peer-Reviewed Presentations: 51

- **Presentation:** *Housing as a site of belonging: Identity negotiation among Female Ukrainian Refugees in Germany.* Duncan, S., Disney, L., Lee, W., & Larkin, H. (accepted). Social Work Research at the Service of Democracy: Advancing Rigorous Research for the Common Good, Society for Social Work and Research.
- **Co-Presentation:** *The Being of Leadership.* Esaki, N. & Larkin, H. (2018). Disruptive Leadership: Maximizing Inclusion, Invention, and Innovation in Human Services, Network for Social Work Management.

Invited Presentations: 55

- **Panel Presentation:** *How Social Work Can End Homelessness through Local, Regional, and National Collaboration.* Larkin, H., Briar-Lawson, K., Aykanian, A., Meyer-Adams, N., Donaldson, L.P., Little, S., Streeter, C., Henwood, B., Trawver, K., & Fogel, S. (2018). Expanding Interprofessional Education to Achieve Social Justice, Council on Social Work Education.
- **Keynote Presentation:** *Community-wide response to adverse childhood experiences (ACEs).* Larkin, H. (2016). *Thinking Upstream: Mapping a Pathway to End Child Maltreatment.* Dell Children's Medical Center & Children's Optimal Health.

Invited Training & Consultation: 50

- **Training Facilitator:** *A Whole Community Approach to Addressing Trauma and Building Resilience.* Larkin, H. (2018). ACEs Training, Cornell Cooperative Extension.
- **Panelist:** *Overview of the Mobilizing Action for Resilient Communities (MARC) Project of the Capital Region of New York.* Larkin, H. (2018). Advisory Council Meeting, Federal Office of Rural Health Policy, Health Resources & Services Administration, U.S. Department of Health & Human Services.

Research & Publications (Selected)

Peer-Reviewed Articles: 35 (mostly co-authored) | **Books & Chapters: 5** | **Other Publications: 15+**

- Larkin, H.; Lee, E.; Esaki, N.; DeMasi, M.; Trifoso, S.; et al. (2018). The effects of protective factors and adverse childhood experiences on behavioral health services use: Findings from a population-based sample. *Social Work in Health Care, 57*(7), 548-562.
- Larkin, H., Felitti, V., and Anda, R. (2014). Social work and adverse childhood experiences (ACE) research: Implications for practice and health policy. *Social Work in Public Health 29,* 1-16.
- Larkin, H. and Park, J. (2012). Adverse childhood experiences (ACE), service use, and service helpfulness among people experiencing homelessness. *Families in Society, 93*(2), 85-93.
- Larkin, H. and Records, J. (2007). Adverse childhood experiences: Overview, response strategy, and integral theory. *Journal of Integral Theory and Practice*, *2*(3), 1–25.
- Larkin, H.; Aykanian, A.; Streeter, C. (Eds). (2019). Homelessness Intervention and Prevention in Social Work: Policies, Programs, and Practices. Springer International Publishing: Cham, Switzerland.

Focus Areas: ACEs, trauma, resilience, homelessness, integral theory, and the evolution of whole person–whole community–whole systems practice.

Leadership & Service (Selected)

- Ongoing participant, Love in Action sangha / One Heart practice
- Chair / Member, University Committees, including dissertation committees
- Service on initiatives advancing trauma-informed organizational systems and equity

Education & Credentials

- Ph.D., Social Work, The Catholic University of America (Policy & Administration)
- M.S.W., Boston University (Family Studies, Group Work)
- B.A., University of Rhode Island (Psychology, Women's Studies)
- Timeless Wisdom Training (*2025-2026 – in progress*)

Other credentials available on request

Awards & Honors (Selected)

- President's Award for Exemplary Community Engagement, University at Albany, 2014
    - New York State Legislative Resolution and Senate Proclamation honoring *The HEARTS Initiative for ACE Response*
- Champion of Character Educator Leadership Award, Sage Colleges, 2012